

The Regional Nutrition Education and Obesity Prevention Centers of Excellence Policy, Systems, and Environmental Change Center (RNECE-PSE) is committed to building the knowledge and skills for SNAP-Ed and EFNEP networks across the nation to effectively implement and evaluate PSE strategies. RNECE-PSE realizes that implementing agencies are at varying levels of readiness and capacity to implement PSEs into their work. Thus, a critical part of the RNECE-PSE Change Center's efforts is to identify competencies related to PSE implementation and evaluation for SNAP-Ed and EFNEP.

To do this, RNECE-PSE conducted a two-day DACUM workshop. **D**eveloping **A** Curricul**um** (DACUM) is an intensive process that provides a framework for competency-based best practices and training. A critical part of DACUM is to involve subject matter experts (SME) who perform the job on a day to day basis. Ten SNAP-Ed Coordinators/ Supervisors with experience in successful PSE implementation and diverse in regions (West, North Central, Northeast, Southern) and type of implementing agency (Extension, public schools, nonprofit, etc.) were recruited to participate in the two day DACUM process. Trained DACUM facilitators, Karen Franck and Jeanmarie Salie, guided PSE SMEs through small group brainstorming sessions to construct and gain consensus on PSE competencies needed to perform PSE work at Supervisor/Coordinator level in SNAP-Ed. The resulting SNAP-Ed PSE competencies are presented in this document.

These SNAP-Ed PSE competencies will be used as a framework to strengthen PSE activities across the nation by serving as a guide for training and technical assistance for SNAP-Ed and EFNEP networks.

# **DACUM PSE Competency Chart for SNAP-Ed Coordinators**

Duties	Tasks								
A Train Staff on PSEs	A-1. Discuss PSE definitions and examples (Who, what, why, where, when, how)	A-2. Review PSE resources (e.g., toolkit, evaluation framework, state plan)	A-3. Discuss community climate and culture	A-4. Introduce community partners	A-5. Provide PSE application opportunities (e.g., shadowing, practice, mock)	A-6. Assess PSE understanding	A-7. Identify additional training needs	A-8. Provide additional and ongoing training	
B Identify Community Needs / Opportunities	B-1. Review demographic data	B-2. Define potential communities	B-3. Select community needs assessment methods (e.g., survey, focus groups, asset map)	B-4. Engage community stakeholders	B-5. Implement community needs assessment methods	B-6. Analyze community needs assessment data	B-7. Determine community needs readiness	B-8. Summarize community needs assessment and readiness findings	B-9. Share and discuss Community needs assessment and readiness summary
	B-10. Identify target community								
Build Multi- Level, Multi-Sector Partnerships	C-1. Identify multi- level and multi- sector partners	C-2. Participate in coalition and partnership activities	C-3. Introduce current PSE work	C-4. Explore and build upon community culture, strengths, traditions and capabilities	C-5. Assess partner commitment and readiness	C-6. Identify partner resources (e.g., funding, staffing, facilities, expertise)	C-7. Coordinate collective resources	C-8. Facilitate ongoing communication	
D Create PSE Action Plan	D-1. Prioritize community needs and opportunities	D-2. Review PSE strategies for identified priorities (e.g., Obesity Prevention Toolkit)	D-3. Determine feasible and sustainable PSE strategies	D-4. Select appropriate PSE strategies	D-5. Align PSE strategy with state plan (e.g., direct ed, social marketing)	D-6. Develop SMART objectives	D-7. Develop PSE promotion plan (e.g., flyers, commercials, announcements)	D-8. Identify evaluation methods (e.g., qualitative and quantitative)	D-9. Define partner roles
	D-10. Develop action plan budget	D-11. Develop action plan timeline	D-12. Prepare written PSE action plan						
E Implement PSE Action Plan	E-1. Review action plan with staff and partners	E-2. Reassess community readiness	E-3. Implement PSE promotion plan	E-4. Assess staff/ partners training needs	E-5. Train staff/ partners on PSE implementation	E-6. Implement PSE strategies	E-7. Provide PSE support (e.g., technical assistance, facilitation)	E-8. Collect PSE evaluation data (e.g., qualitative and quantitative)	E-9. Monitor PSE implementation
F Evaluate PSE Strategies	F-1. Compile PSE data	F-2. Analyze PSE data	F-3. Identify PSE facilitators and barriers	F-4. Summarize PSE data	F-5. Share and discuss evaluation summary (e.g., community members, stakeholders)	F-6. Refine PSE action plan	F-7. Create stakeholder summary reports (e.g., policy makers, community members, USDA)	F-8. Disseminate summary reports	F-9. Highlight PSE successes
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#### General Knowledge

PSEs SNAP-Ed Nutrition Physical activity Obesity prevention Social Ecological Model

Research

Community education Competency-based education

Cultural competency

#### Tools, Equipment, Supplies and Materials

SNAP-Ed Guidance

SNAP-Ed Strategies & Interventions: An Obesity Prevention Toolkit for States

SNAP-Ed Evaluation Framework

Interpretive Guide

State plan

Success stories from SNAP-Ed implementing

agencies

Telephone / cell phone

Transportation

Computer / Email

Social Media

Community Commons

Reliable data sources (e.g. NCCOR Measures

Registry, Community Commons)

PSE web-based resources

Action plan template for PSE interventions

**SNAP-Ed Connection** 

### Skills

Interpersonal Listening Communication Facilitator Presentation Rapport building Leadership

Networking Supervisory Analytical Multitasking Organizational Decision making Time management

Planning

Prioritizing

Politically savvy

#### Characteristics

Adaptable Friendly

Culturally sensitive Professional Resourceful Goal-oriented Process-oriented Respectful Organized Sense of humor Maintain confidentiality Diplomatic

Team player Innovative Positive Genuine Self-starter Ethical Self-motivated

Able to take direction Innovative Self-motivated Empathetic

#### Acronyms

PSE Policy, Systems, and Environmental Change SNAP-Ed Supplemental Nutrition Assistance Program

**USDA** Untied States Department of Agriculture SMART Specific, Measurable, Attainable, Realistic,

Time-Specific

#### **Future Trends and Concerns**

Uniform evaluation processes

Project sustainability beyond implementation

Conversations at higher levels about what makes PSE work feasible (i.e. giving an incentive for farmers to sell fresh produce at farmers markets)

PSE work is not typically linear

Continuing need for guidance and resources

How will PSE work layer with other parts of SNAP-Ed (direct-ed, social marketing, etc)

Greater emphasis on how PSE will change who SNAP-Ed leaders are

Maintaining high quality interactions and outcomes of PSE work

Potential advocacy needs to create upper level support for implementing PSE

Identifying and meeting the needs that the community wants

Engaging the community to support local strengths and enhance resources to contribute to sustainability

Obtaining community buy-in for sustainability

SNAP-Ed contributions and advocacy for changes to the built environment that support PSE changes

## **DACUM PSE Competency** Chart for SNAP-Ed Coordinators



#### **DACUM Panel**

Tanisha Aflague, PhD, RDN, LD Assistant Professor of Nutrition

University of Guam Mangilao, GU

Lauren Headrick, MS, RD Program Coordinator

University of Florida IFAS Extension

Gainesville. FL

Lyn Jenkins, CHES Nutrition Education Specialist Des Moines Public Schools

Des Moines, IA

Lauren McCullough, MPH **Program Coordinator** 

University of Arizona Nutrition Network

Tucson, AZ

Ada, OK

Sarah Miracle, MBA, RD, LD

Program Manager Chickasaw Nation Natalie T. Owens. MS **SNAP Project Manager** 

Tennessee State University Cooperative Extension

Nashville, TN

Kimbirly Rindfleisch, BS

Project Manager

Michigan Fitness Foundation

Lansing, MI

Chris Stewart, MA, CHES **Elementary Sector Director** HealthMPowers, Inc. Norcross, GA

Wendy West

**Program Supervisor** 

University of California Cooperative Extension

Placerville, CA

Christine Zellers

Senior Program Coordinator

Rutgers Cooperative Extension SNAP-Ed/EFNEP

Northfield, NJ

#### **DACUM Facilitators**

Karen Franck, PhD Co-Director **RNECE-PSE Change Center** Knoxville, TN

Jeanmarie Salie, MPH, CHES **Project Director RNECE-PSE Change Center** Knoxville, TN



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